LA VIDA LLENA NEWS 1ª Vida 1

Albuquerque's Only LifeCare Retirement Community

Life Enrichment Services (LES) Newsletter

"Sometimes you have to forget what's gone, appreciate what still remains and look forward to what is coming next."

— Walt Disney

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Virtual Wellness on Demand

On June 2, 2020 Life Enrichment Services started utilizing web-based а event tracking tool that allows them to track, manage and monitor the programs created on Virtual Wellness on Demand. This tracking tool is called Click meter, and it provides the status of all activities related to each program. The software tracks the number of initial "clicks" a person performs with accessing a hyperlink. Residents are starting to use their computers. smart phones and tablets more than ever before because there has been a total of 625 clicks on the 23 campaigns being tracked. If you would like to receive the latest version 009 of Virtual Wellness on Demand, please contact Dr. David Jackson at ext. 3375.

If you need a hyperlink to access the *Virtual Wellness* document, please contact Dr. David Jackson at ext. 3375.

Resident Literature

John Corry has added some of his vast literary works to the Resident Literature Section of Virtual Wellness on Demand: America in one Sentence, Facing Mirrors, and Three Cowboys Roam the Holy Land. You will find these works insightful and entertaining.

MiraScreen

Residents can now watch any program on Virtual Wellness on Demand anytime and any day they want on their televisions! MiraScreen provides many casting solutions, best of wireless, plug and play. You can enjoy the cinematic experience with MiraScreen wireless display solutions. Please contact Dr. David Jackson at ext. 3375 for details.

You can download this software on the <u>Virtual Wellness on Demand</u> document that can be found on the LVL Portal or request an e-mail hyperlink from Dr. David Jackson at ext. 3375.





Resident Virtual Travel Tours

Life Enrichment is creating a program that showcases the worldly travels of our residents. This show provides slide shows and videos of our residents traveling the world. If you would like to be part of this show, contact

Dr. David Jackson at ext. 3375 for details.

LVL Featured Artist: Ruby Hsia

You can see her beautiful artwork on display on the Carter Hall Corridor. You can also view her artwork on the LVL Art Show on Channel 77 and anytime on Virtual Wellness on Demand. Check the Channel 77 guide and

Communication Monitors for details.

Walking Exercises Tracking Path

Walking around the perimeter of the LVL campus has become a very popular exercise routine for our residents. We need your help to discover and name different walking paths because we are going to measure their distances and make signs for residents to track their exercise goals and fun. Contact Dr. David Jackson at ext. 3375 for details.

Zoom Training

Life Enrichment is providing one-on-one Zoom Training for residents.

Contact Dr. David Jackson at ext. 3375 for details.



Residents can now access the current and previous publications of the LVL/LES Newsletter on Virtual Wellness on Demand.

First Digital Age

Dr. Lawrence Anderson gives an outstanding presentation on the origin of the Morse code which was a method used in telecommunication to encode text characters as standardized sequences of binary communication methods. Check the Channel 77 guide and Communication Monitors for details.



Paws and Tales Show

Every pet has a tale to tell. This new show will showcase the pets of residents and how they enrich their lives every day. Check the Channel 77 guide and Communication Monitors for details. If you would like your pet to be part of this show, call Dr. Jackson at ext. 3375 and he'll let you know.

LVL Music Video

Due to the vast talent of our residents, we are going to be producing multiple music videos of our residents. Contact Dr. David Jackson at ext. 3375

Dr. David Jackson at ext. 33/5 for details.



zoom

If you would like to have a CD copy of any program on Virtual Wellness, contact Dr. David Jackson at ext. 3375 for details.